

**MANDYA INSTITUTE OF MEDICAL SCIENCES, MANDYA**

**MBBS PHASE-I BATCH 2020-21**

**FOUNDATION COURSE JANUARY-2021(ONLINE MODE)**

Week 1									
<b>DATE</b>	<b>DAY</b>	<b>9.00 to 10.00</b>	<b>10.00 to 11.00</b>	<b>11.00 to 11.15</b>	<b>11.15 to 12.00</b>	<b>12.00 to 01.00</b>	<b>1.00 to 2.00</b>	<b>2.00 to 3.00</b>	<b>3.00 to 4.00</b>
<b>4<sup>th</sup> Jan</b>	<b>Mon</b>	<i>Orientation to students affairs and Hostel rules and regulations</i> - <b>Chief Warden, MIMS Hostel (FC1.4&amp;1.5)</b>			<b>Ragging and its implication - FACULTY of Anti ragging committee (FC1.4&amp;1.5)</b>	Adult life, hostel living- virtues expected of model student/citizen – <b>Warden</b>		<b>Self study hrs</b>	
5 <sup>th</sup> Jan	Tue	What Doctor means to the society – <b>Dept. Of Community Medicine FC1.1, 1.2, 1.3</b>	Orientation to student research, research skills – faculty of <b>InstitutionalScientific Committee</b>		<b>Ethics in research – I IEC faculty</b>	Medical literature and library- <b>faculty of library FC 1.5 and 5.5</b>		<b>Self study hrs</b>	
6 <sup>th</sup> Jan	Wed	Why I want to be a Doctor , <b>Faculty, Dept. of Medicine FC 1.6</b>	<b>Medical Ethics</b> - <b>FACULTY, Dept. of Community Medicine FC 4.1, 4.2, 4.3</b>		MBBS Program and Academic Ambience Introduction to MBBS Course, CBME, Exam system <b>ACADEMIC REGISTRAR.</b>	Learning methods- <b>FACULTY of MEU</b>		<b>Self study hrs</b>	
7 <sup>th</sup> Jan	Thu	Language skill <b>Mr. Ravikumar (FC 5.1&amp;5.2)</b>	Computer skills – Mrs. Chaitravathi (FC 5.4&5.5)		Time management - faculty., <b>Dept. of MEU</b>	Gender sensitivity Faculty of <b>MEDICAL EDUCTAION UNIT (MEU)</b>		<b>Self study hrs</b>	

8 <sup>th</sup> Jan	Fri	Meditation & Yoga <b>Mr. Ravi and group</b> (FC 4.8)	What it is to be a patient -Faculty <b>Dept. of Paediatrics</b>		Professionalism, attitude and ethical behaviour faculty-MEU FC 4.3	History of Medicine-Faculty <b>Dept. of Pharmacology</b> FC 1.10		Computer skills – <b>STAFFINCH</b> (FC 5.4&5.5)	
9 <sup>th</sup> Jan	Sat	Language skill Mr. Ravikumar FC 5.1 &5.2)	Computer skills – Mrs. Chaitravathi (FC 5.4&5.5)		Approach to patient History taking skills, clinical examination skills and Investigating a patient Do's & Don'ts <b>Faculty, Dept. of Medicine</b>	Comprehensive health care -Faculty <b>Dept. of Community Medicine</b>		Orientation to Sports activities - Dr. Suresh S M <b>Dept of Physical Education &amp; Sports</b>	

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Week 2									
<b>DATE</b>	<b>DAY</b>	<b>9.00 to 10.00</b>	<b>10.00 to 11.00</b>	<b>11.00 to 11.15</b>	<b>11.15 to 12.00</b>	<b>12.00 to 01.00</b>	<b>1.00 to 2.00</b>	<b>2.00 to 3.00</b>	<b>3.00 to 4.00</b>
11 <sup>th</sup> Jan	Mon	Pranayama <b>Mr. Ravi and group(FC 4.8)</b>	National Health Priorities and Policies- <b>Faculty Dept. of Community Medicine FC 3.1, 3.2</b>		Universal Precautions and Vaccination Faculty , <b>Dept. of Microbiology (FC 2.3 &amp; 2.8)</b>	Patients Safety and Biohazard Safety faculty <b>Dept. of Microbiology (FC 2.3 &amp; 2.4)</b>		Self study hours	<i>Sports</i> <i>Dr. Suresh S M</i> <b>Dept of Physical Education &amp; Sports</b>
12 <sup>th</sup> Jan	Tue	Parameters of fitness - Dr. Suresh S M, <b>Dept of Physical Education &amp; Sports</b>	Drug abuse faculty, <b>Dept. of Pharmacology</b>		Communication skills <b>Dept. of General Medicine FC 5.1, 5.2, 5.3</b>			<i>Sports</i> <i>Dr. Suresh S M</i> <b>Dept of Physical Education &amp; Sports</b>	
13 <sup>th</sup> Jan	Wed	Communication skills <b>Dept. of Surgery FC 5.1, 5.2, 5.3</b>	<i>Basic life support - faculty MCB, Dept. of Anaesthesia (FC 2.1 &amp; 2.2)</i>		Respect to faculty and gratitude <b>Faculty Dept. of Physiology (FC 4.3)</b>	<i>Advanced life support Faculty Dept. of Anaesthesia FC 2.1 &amp; 2.2</i>		<i>Self study hours</i>	
15 <sup>th</sup> Jan	Fri	Session on Self care Faculty - <b>Dept. of Psychiatry</b>	Computer skills - <b>Mrs. Chaitravathi (FC 5.4&amp;5.5)</b>		Primary health care faculty- <b>Dept. of Community Medicine FC 3.3, 3.4, 3.5</b>			Language skill <b>Mr. Ravikumar</b>	
16 <sup>th</sup>	Sat	Yoga <b>Mr. Ravi and Team (FC 4.8)</b>	Life style for better Health faculty- <b>Dept of Community Medicine</b>		Evidence Based Medicine, Role of Research in Medicine <b>Faculty Dept. of Community Medicine</b>			Computer skills - <b>Mrs. Chaitravathi</b>	

14<sup>th</sup> General holiday on the account of Makara sankranti

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Week 3									
<b>DATE</b>	<b>DAY</b>	<b>9.00 to 10.00</b>	<b>10.00 to 11.00</b>	<b>11.00 to 11.15</b>	<b>11.15 to 12.00</b>	<b>12.00 to 01.00</b>	<b>1.00 to 2.00</b>	<b>2.00 to 3.00</b>	<b>3.00 to 4.00</b>
18 <sup>th</sup> Jan	Mon	Meditation <b>Mr. Ravi and Team (FC 4.8)</b>	Learning Methods <b>Faculty MEU</b>		Doctor patient relationship faculty <b>Dept. of Psychiatry FC 4.2 &amp; 4.3</b>			Language skill <b>Mr. Ravikumar (FC 5.1 &amp; 5.2)</b>	
19 <sup>th</sup> Jan	Tue	Communication skills <b>Dept. of OBG FC 5.1, 5.2, 5.3</b>	Experience of Senior student Junior Doctor Association-faculty, <b>Dept. of Pathology</b>		Social stigma in Medicine faculty- <b>Dept. of Community Medicine</b>	Bio Medical waste Management -faculty, <b>Dept of Pathology FC 2.7</b>		<i>Visit to STP/ETP Communication skills-Dept. of Psychiatry</i>	<i>Sports</i>
20 <sup>th</sup> Jan	Wed	Yoga <b>Mr. Ravi and Team (FC 4.8)</b>	Life style and Diseases <b>Faculty Dept. of Community Medicine</b>		<b>Medical ethics in ICU – faculty Dept of Anaesthesia</b>	Communication skills Dept. of Ophthalmology <b>FC 5.1, 5.2, 5.3</b>	Lunch Break	Computer skill <b>Mrs. Chaitravathi (FC 5.4&amp;5.5)</b>	Language skills <b>Dr.Ravikumar (FC 5.1&amp;5.2)</b>
21 <sup>th</sup> Jan	Thu	Communication skills - faculty <b>Dept. of Paediatrics FC 5.1, 5.2, 5.3</b>	Nursing care in Medicine <b>-RMO</b>		1 National Health Programmes  <b>Dept. of Community Medicine FC 3.1</b>	NSS Programme faculty- <b>Dept. of Dental</b>			

22 <sup>th</sup>	Fri	Language skills Dr.Ravikumar(FC 5.1&5.2)	Computer skill Mrs. Chaitravathi(FC 5.4&5.5)		Immunisation requirement for health care professionals faculty- <b>Dept. of Community Medicine FC 2.8</b>	Alternate system of medicine <b>Faculty,Dept. of Medicine</b>		<i>Sports Dr. Suresh S M Dept of Physical Education &amp; Sports</i>	
23 <sup>rd</sup>	Sat	Technology in Medicine -faculty, <b>Dept. of Biochemistry &amp; Radiology</b>	Stress Management Dr. Ashok <b>-Dept. of Psychiatry FC 4.7</b>	Short Break	Career pathway and personal goals <b>Faculty,Dept. of Biochemistry FC 1.6</b>	Role of consent Faculty, <b>Dept of Forensic Medicine</b>		<i>Self study hours</i>	

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<b>DATE</b>	<b>DAY</b>	<b>9.00 to 10.00</b>	<b>10.00 to 11.00</b>		<b>11.15 to 12.00</b>	<b>12.00 to 01.00</b>		<b>2.00 to 3.00</b>	
25 <sup>th</sup> Jan	Mon	Language skills <b>Dr.Ravikumar</b> (FC 5.1&5.2)	Duties & responsibility as a citizen <b>Legal Adviser</b> <b>FC 1.3</b>		Geriatric care & Terminal illness Faculty <b>Dept. of Medicine</b>	Health Care system & its delivery <b>Faculty Dept. of Community Medicine</b>		Computer skill <b>Mrs. Chaitravathi</b> (FC 5.4&5.5)	
27 <sup>th</sup> Jan	Wed	Yoga Mr. Ravi & Team (FC 4.8)	Medical negligence & Indian Laws / Constitution faculty, <b>Dept. of Forensic Medicine</b> <b>FC 2.9, 4.1, 4.2, 4.3</b>		<b>Ethical issues in treating mentally ill – faculty Dept of psychiatry</b>	Role of Nutrition Faculty Dept. of Surgery		Language skills Mr. Ravikumar (FC 5.1&5.2)	
28 <sup>th</sup> Jan	Thu	Communication skills <b>Dept. of ENT</b> <b>FC 5.1, 5.2, 5.3</b>	<b>Ethical issues in treating children – faculty, dept of paediatrics</b>		<b>Role of laboratory services, Blood as life saver – Blood bank officer</b>			<i>Self study hours</i>	
29 <sup>th</sup> Jan	Fri	Meditation & Yoga <b>Mr. Ravi &amp; Team</b> (FC 4.8)	Health wellness literacy faculty, <b>Dept. of OBG</b>		Computer skills- Mrs. <b>Chaitravathi</b> (FC 5.4&5.5)			Language skill Mr. Ravikumar	

26<sup>th</sup> Jan – General holiday on the account of Republic day

All Heads of Departments are requested to suggest the names of the speakers who will be handling the allotted topics by tomorrow afternoon 2.00 pm (01.01.2021)